

KAYLA M. NEWKIRK, M.S.Ed., LMHC

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Doctoral candidate in Counselor Education and Supervision (ABD, coursework complete, GPA 4.00) with five graduate teaching assistantships across CACREP-accredited programs, independent instructional design, and peer-reviewed scholarship. Licensed mental health counselor whose clinical and supervisory practice informs the classroom.

EDUCATION

Ph.D., Counselor Education and Supervision | Waynesburg University, Waynesburg, PA | Expected December 2027 | Coursework complete August 2026 | GPA 4.00

M.S.Ed., Clinical Mental Health Counseling | St. Bonaventure University, St. Bonaventure, NY | Conferred August 21, 2023 | GPA 3.93 | magna cum laude

B.A., Psychology | Minor: Human Development | SUNY Geneseo, Geneseo, NY | Awarded December 17, 2019

A.A., Liberal Arts, Education Concentration | Cayuga Community College, Auburn, NY | Awarded May 21, 2017 | cum laude

TEACHING EXPERIENCE

Teaching Assistant, Assessment

Waynesburg University, Online | Spring 2026, Summer 2026

- Co-taught a master's-level assessment course across two terms, including two sections of Ethics in Summer B.
- Taught class sessions independently on IQ testing, IEP and 504 plan reading, and case conceptualization.
- Produced asynchronous instructional video modules on intake, mental status examination, suicide assessment and safety planning, personality and projective measures, and IEP/504 accommodation processes.

Teaching Assistant, Research Design and Program Evaluation (CNS 518)

Waynesburg University, Online | August to December 2025

- Co-taught and independently taught synchronous and asynchronous sessions on research methodology, program evaluation, and evidence-based practice aligned to CACREP standards.

Teaching Assistant, The Helping Relationship (CNED 3053)

University of Arkansas, Fayetteville, AR | August to December 2023

- Co-taught an in-person undergraduate elective for students entering counseling, teaching, and coaching professions.
- Facilitated skill-building in empathy, active listening, and mindfulness through mock interviews, individual reflection, and group presentations.

Guest Lecturer, Rational Emotive Behavior Therapy

University of Arkansas, Fayetteville, AR | April 2024

- Delivered a lecture on REBT for CNED 6013, Advanced Counseling Theory and Methods, a CACREP-accredited doctoral course.
- Built research-based lecture materials connecting theoretical foundations to contemporary clinical application.

Academic Coach, Calculus

University of Arkansas, Fayetteville, AR | 2023 to 2024

- Carried a caseload of 10 to 15 students per semester in one-on-one academic skill-building.
- Collaborated with faculty on course content development and department projects at 20 hours per week.

CLINICAL SUPERVISION

Doctoral Student Supervisor

Waynesburg University, Online | May 2025 to Present

- Provide advanced clinical supervision to master's-level internship students, focusing on professional identity, autonomy, and advanced intervention strategies.
- Evaluated supervisees through direct observation, case presentation, and documentation review.

- Guided supervisees through complex cases and the transition toward independent practice.

RESEARCH EXPERIENCE

Dissertation Research Collaborator

University of Arkansas | *Prone to Prejudice: Trans Experiences and Structural Harm in the U.S. Prison System* | May 2025

- Applied thematic coding to more than 60 post-incarceration statements to identify emergent themes and sub-themes.
- Organized findings and communicated results to the research team for further analysis.

Research Assistant, Counselor Education and Supervision

University of Arkansas, Fayetteville, AR | December 2023

- Individually coded more than 250 gaming posts and assisted with more than 500 additional posts for a study of gaming addiction.

Graduate Research Assistant, Clinical Mental Health Counseling

St. Bonaventure University, St. Bonaventure, NY | January 2022 to August 2023

- Located and analyzed literature, wrote literature reviews, and co-authored a peer-reviewed article with faculty.
- Contributed 300 hours across individual and department-wide research projects.

PUBLICATIONS AND PRESENTATIONS

Peer-Reviewed Publication

Henry, H., Newkirk, K., & Guggenberger, L. (2025). The power of choice: Comparing asynchronous and synchronous learning. *Journal of Counselor Preparation and Supervision*.

Selected Presentations

Virtual Vitality: Bridging the CSI Counselor Wellness Competencies and the CHANGES Model for Accessible Telehealth Supervision. *IAWC 2026 World Conference, Dallas, TX* | 30-minute in-person session | May 2026

Evaluation in Counseling Supervision: Enhancing Practice through Feedback. *Virtual continuing education presentation* | Spring 2024 | 20+ practitioners in attendance

We Care on the Go: Guided Imagery and Psychoeducation. *GRAD 340, University of Arkansas* | April 2024

Mindfulness 101: Stress to Rest | Stress Management. *Onondaga County Public Library* | July 2023

LICENSURE

- New York State Licensed Mental Health Counselor (LMHC), licensed September 2026
- New York State Limited Permit in Mental Health Counseling, August 2024 to September 2026

PROFESSIONAL SERVICE AND LEADERSHIP

Co-President, Doctoral Student Committee

International Association for Wellness Counseling (IAWC) | 2026 to Present

- Plan committee meetings, purpose, goals, and member expectations.
- Develop the doctoral-to-master's mentorship program and recruit guest speakers and continuing education opportunities.

Resource Page Coordinator | IAWC | 2026 to Present

New York (Upstate) Ambassador | IAWC | 2026 to Present

Peer Reviewer, 2025-2026 Webinar Series | Association for Counselor Education and Supervision (ACES) | 2025 to 2026

Continuing Education Committee | ACES | 2025 to 2026

Professional Development Committee | Association for Assessment and Research in Counseling (ACAC) | 2025 to 2026

PROFESSIONAL AFFILIATIONS

IAWC | ACES | ACA | NYMHCA | ACC | AARC | IARTC | Chi Sigma Iota, Rho Alpha Beta Chapter

Honors and Awards

JCPS Outstanding Journal Article Award, NARACES, 2025 | Chi Sigma Iota, Rho Alpha Beta (2024 to Present) and Phi Rho (2022 to 2023) | Phi Theta Kappa, 2015